

# BREAKFAST MENU

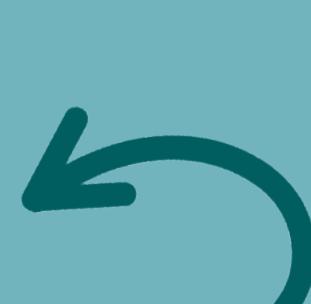
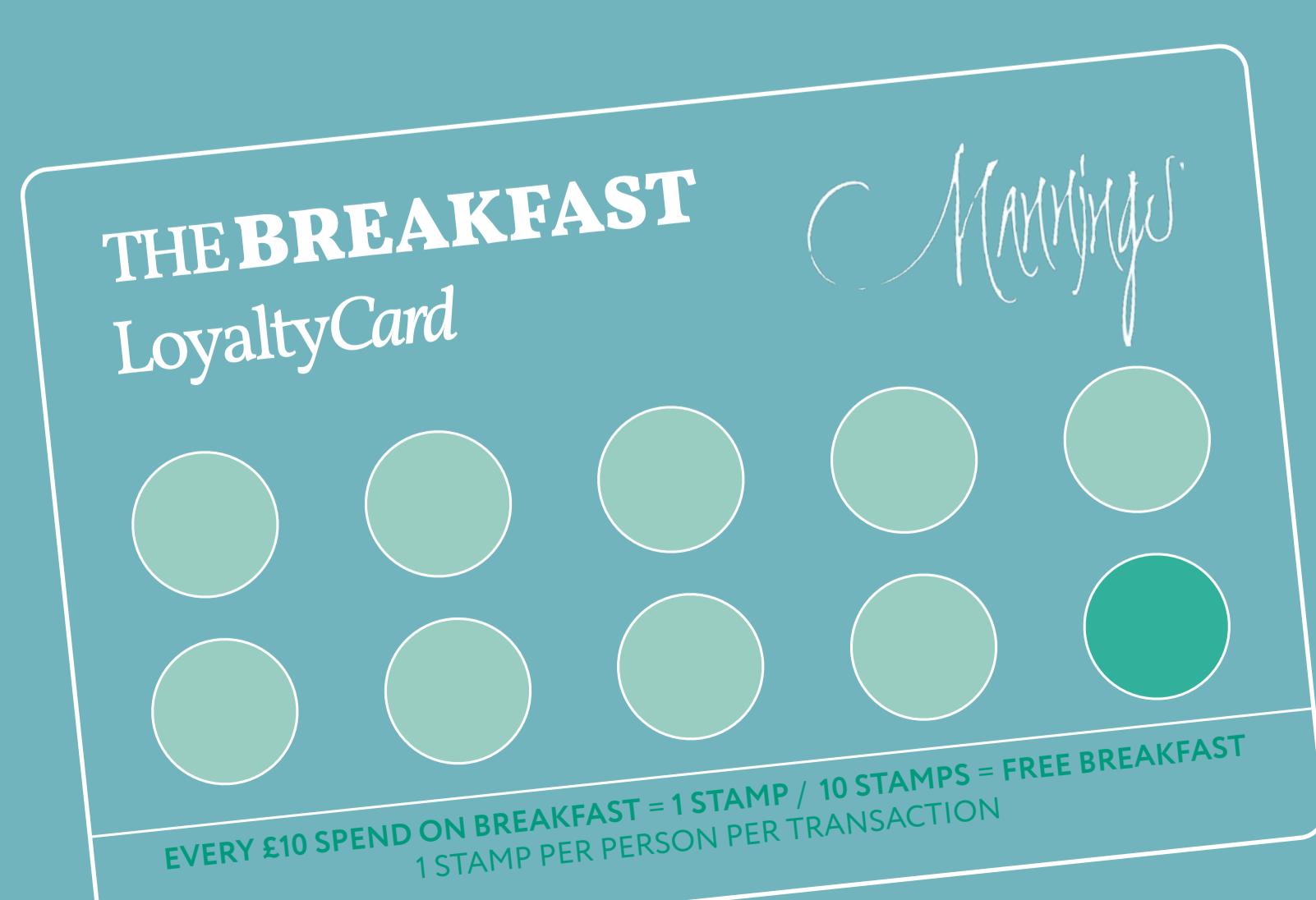
<b>“The Cornish”</b> (Gfo)	£12.95
<i>2 slices of local air-cured smoked bacon, hog’s pudding, 2 Cornish butcher pork sausages (Gf), Heinz baked beans, Cornish St Ewe golden yolk egg, 1 portobello mushroom, sea salt plum tomatoes, fried bread in Cornish butter, Marco hash brown</i>	
<b>“The Mannings mini”</b> (Gfo)	£11
<i>1 slice of local air-cured smoked bacon, 1 Cornish butcher pork sausage (Gf), sea salt plum tomato, Marco hash brown, 1 fried Cornish St Ewe golden yolk egg, portobello mushroom</i>	
<b>“The garden fry up”</b> (V/Vgo)	£12.95
<i>Vegetarian sausages, plant-based bacon, a Marco hash brown, large portobello mushroom, grilled sea salt tomato, Heinz beans, fried Cornish St Ewe golden yolk egg</i>	
<b>“The smoker”</b> (Gfo)	£13.50
<i>Smoking Brothers smoked salmon, smashed avocado on sourdough with poached Cornish St Ewe golden yolk eggs</i>	
<b>Eggs Florentine</b> (Gfo)	£11
<i>Poached St Ewe golden yolk eggs on toasted muffins, salt beef and spinach, hollandaise</i>	
<b>Buttermilk pancakes</b> (Vo)	£13
<i>American sourdough pancakes, maple sugar bacon, maple syrup, raspberry smash &amp; lime sugar</i>	
<b>Chocolate beer banana bread</b> (V)	£10
<i>Caramelised banana, vanilla pod cream, malted ice cream &amp; biscuit crumb</i>	
<b>In bloomer bread</b> (Gfo)	
<b>Cornish smoked back bacon sandwich</b>	£6.95
<b>Cornish sausage sandwich</b>	£6.95
<b>Bacon, sausage, hash brown, fried egg</b>	£8.95

# BREAKFAST IN A BOWL

<b>“The free from”</b> (Gf/Df)	£8
<i>Mixed berry granola, soya yoghurt, fresh raspberries, Cornish honeycomb and mango drizzle</i>	
<b>“The overnight chia fruit starter”</b> (Gf/V)	£8
<i>Overnight-soaked chia seeds, fresh melon and strawberries, banana and maple crunch crumble, strawberry purée</i>	
<b>“Goldilocks”</b> (V)	£8
<i>Warmed creamed cinnamon porridge oats, blueberries, homemade blueberry syrup</i>	

*Please make us aware of any allergies or intolerances before you order*

*Allergen key: (Gfo) Gluten-free options available (V) Vegetarian (Vgo) Vegan option available  
(Df) Dairy-free (Vo) Vegetarian option available*



Join our Breakfast Loyalty Card and collect stamps to receive a Free Breakfast!

Mannings